

New England Public Health CONFERENCE



Capturing the Emerging Issues of Community and Public Health

**Thursday & Friday,
June 14-15, 2018**

The Colony Hotel

140 Ocean Avenue
Kennebunkport, Maine

PROVIDED BY:



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FEATURED SPEAKERS



RICHARD J. JACKSON, MD, MPH, Director emeritus, CDC National Center for Environmental Health and Professor emeritus, UCLA Fielding School of Public Health, Los Angeles, CA



PAUL THOMAS CLEMENTS, PHD, MSN, RN, DF-IAF, Clinical Professor; Coordinator, Contemporary Trends in Forensic Healthcare Certificate Program, Drexel University, College of Nursing and Health Professions, Philadelphia, PA



JAMES N. WEINSTEIN, DO, MS, Immediate past CEO and President, Dartmouth-Hitchcock Health System



HON. JOHN J. BRODERICK, JR., Senior Director of Public Affairs, Dartmouth-Hitchcock Health System



NANCY EMERSON LOMBARDO, PHD, President, Brain Health and Wellness Center®, Acton, MA; Adjunct Research Assistant Professor of Neurology, Boston University School of Medicine, Dept. of Neurology

DISTINGUISHED FACULTY

ANA CABRAL, MSW, Team Leader, Complex Patient Population, MGH Chelsea HealthCare Center, Chelsea, MA

KATHERINE HSU, MD, MPH, FAAP, Medical Director, Division of STD Prevention & HIV/AIDS Surveillance, Massachusetts Department of Public Health, and Associate Professor of Pediatrics, Boston University Medical Center

LT. NICOLE LEDOUX, Manchester Police Department, Manchester, NH

SGT. PETER MARR, Manchester Police Department, Manchester, NH

SARAH ABERNETHY OO, MSW, Director, Community Health Improvement, MGH Chelsea HealthCare Center, Chelsea, MA

LARA QUIROGA, MED, Program Director, Project LAUNCH, Manchester Community Health Center, Manchester, NH

BARBARA SATTLER, DRPH, RN, FAAN, Professor, Public Health Program, University of San Francisco

ANNA SPIRO, CMI, Manager, Medical Interpreters/Community Health Workers, MGH Chelsea HealthCare Center, Chelsea, MA

JESSICA SUGRUE, MS, Chief Executive Officer, YWCA NH, Manchester, NH

ELIZABETH TALBOT, MD, Associate Professor of Medicine, Geisel School of Medicine at Dartmouth, Hanover, NH; Deputy State Epidemiologist, State of New Hampshire

KIM WESTHEIMER, MA, Director of Strategic Initiatives, Gender Spectrum, Boston, MA

PLANNING COMMITTEE

AMY GUTHRIE, MS, RN, Director, Continuing Nursing Education, Saint Anselm College, Manchester, NH

BOBBIE D. BAGLEY, MS, MPH, RN, CPH, Director, Division of Public Health & Community Services, Nashua, NH

MARGARET CARSON, PHD, RN, Professor, School of Nursing, Saint Anselm College, Manchester, NH

COURTNEY ELLISON, MPH, Health Promotion Specialist, Division of Public Health & Community Services, Nashua, NH

MAUREEN MACDONALD, MSN, RN, Public Health Emergency Preparedness Nurse Specialist, New Hampshire Division of Public Health Services, Department of Health and Human

Services

DARLENE MORSE, MSN, RN, MED, CIC, Public Health Nurse Program Manager Bureau of Infectious Disease Control, New Hampshire Division of Public Health Services, Department of Health and Human Services

HEIDI E. PEEK-KUKULKA, BS, Health Officer/Manager, Environmental Health Department City of Nashua, NH

MELISSA RICHARDS, MPH, RN, Quality Coordinator, Bureau of Infectious Disease Control, Division of Public Health Services, New Hampshire Department of Health and Human Services



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CONFERENCE AGENDA

WEDNESDAY, JUNE 13, 2018

4:00 – 5:30 PM **Early Registration**
Want a chance to sleep a little later or enjoy a more leisurely breakfast? Take advantage of our early registration opportunity.

DAY 1 THURSDAY, JUNE 14, 2018

7:30–8:00 AM **Registration and Coffee**
8:00–8:15 AM **Welcome and Opening Remarks**
8:15–9:45 AM **KEYNOTE: Help Us to Be Healthy: Let's Make the Easy Choices the Healthy Ones.....Richard J. Jackson**
Science can help us to be healthier, as can health education. But both are more effective when the easy choice the healthy choice, whether it relates to walking, building, or eating. This is true for homes, schools, eating places and roadways. And nurses and health professionals must be leaders.

10:05–11:20 AM **Concurrent Sessions (Choose either A or B)**
SESSION A: Effective Use of Community Health Workers to Improve Health Outcomes Ana Cabral, Sarah Abernethy Oo, Anna Spiro
SESSION B: Keeping up with the Catastrophe of Resistant Gram Negative Infections: A Crash Course for Providers Elizabeth Talbot

11:30 AM–12:30 PM **Lunch (provided)**
12:30–1:45 PM **Concurrent Sessions (Choose either C or D)**
SESSION C: Rises in Sexually Transmitted Infection Rates: Who, What, Why – and What Public Health Can Do Katherine Hsu
SESSION D: A Community's Efforts to Mitigate the Effects of Adverse Childhood Experiences.. Nicole Ledoux, Peter Marr, Lara Quiroga, Jessica Sugrue

2:00–3:15 PM **PLENARY 1: Anxietal Uncertainty: Increasing the Public Filter Paul Thomas Clements**
Connectivity to the community is the best antidote to anxiety. When anxious, there can be an underestimation of resilience, tolerance, problem-solving capacity, and the overall ability to cope. It is imperative to recall times when there was utilization of adaptive qualities under stress.

3:20–4:35 PM **Concurrent Sessions (Choose either E or F)**
SESSION E: Environmental Exposures in our Everyday Lives Barbara Sattler
SESSION F: Understanding Gender Diversity in the Context of Public Health..... Kim Westheimer

7:30–8:30 PM **The Power of Language Surrounding Substance Use: a group discussionFacilitator: Bobbie Bagley**
The use of appropriate language can help facilitate change in the conversation around substance use disorder to reflect the importance of this disease as a medical condition. During the discussion participants will learn about the importance of the power of language and the difference it makes.

DAY 2 FRIDAY, JUNE 15, 2018

7:30–8:00 AM **Registration for New Attendees and Coffee**
8:00–9:15 AM **PLENARY 2: Communities in Action: Pathways to Health Equity James N. Weinstein**
The principles of Health Equity are deeply rooted in our national values. Yet, many communities face significant challenges in providing equitable environments wherein all can prosper to achieve the best possible health. This session will review the state of health disparities in the U.S., explore the underlying conditions and root causes that contribute to health inequity to inform much-needed efforts to reverse such inequities to transform a nation.

9:45–11:00 AM **Concurrent Sessions (Choose either G or H)**
SESSION G: A Hot Topic: Climate Change and Health Barbara Sattler
SESSION H: Gangs 101 for Health Care Paul Thomas Clements

11:10 AM–12:25 PM **PLENARY 3: Changing the Culture around Mental Health: It's Way Past Time..... John T. Broderick**
The focus of this presentation is to ask participants to explore the common signs of mental illness, change the way they react to it, and be a positive force to change the culture that surrounds mental illness.

12:30–1:30 PM **Lunch (Provided)**
1:30–2:45 PM **PLENARY 4: What Does Science Tell Us about Which Foods Will Help Save Our Brains Nancy Emerson Lombardo**
Brain research, including clinical trials and imaging studies, offer proof that brain healthy nutrition reduces risk of Alzheimer's disease (AD) and cognitive decline. Certain foods affect the accumulation of AD pathological proteins such as beta-amyloid, the size of the hippocampus, and cognitive processes. Some foods harm the brain; others benefit.

2:45–3:00 PM **Evaluations and Departures**

2018 NEW ENGLAND PUBLIC HEALTH CONFERENCE GENERAL INFORMATION

LOCATION: The Colony Hotel, Kennebunkport, Maine. This 1914 Grand Oceanfront hotel is included in the national Trust's Historic Hotels of America. Spectacularly situated on the rock promontory overlooking the Atlantic Ocean and the mouth of the Kennebunk River, it has a heated salt-water swimming pool, private, safe, surf beach, and gorgeous organic gardens. It's located within walking distance (1 mile) of the charming village of Kennebunkport.

HOTEL INFORMATION: A block of overnight rooms have been reserved at the special conference rate of \$105 garden side and \$155 ocean side per night plus tax; includes a full breakfast. Make reservations directly with the hotel – ask for the Saint Anselm College block. Overnight room reservation deadline: Rooms will be held until May 1, 2018. Thereafter, rooms and group rate may no longer be available. For additional information and directions, please call The Colony Hotel at 800-552-2363 or visit their website: www.thecolonyhotel.com.

GROUP DISCOUNT: If five or more people from the same agency register at the same time for the same conference, you may deduct 10%. Mailed registrations must arrive in the same envelope. Faxed registrations must arrive together. Not combinable with Early Registration Discount.

EARLY REGISTRATION DISCOUNT: In order to receive Early Registration Discount, payment in the form of a check, Visa or MasterCard must accompany registration form and be in our office by May 1, 2018. All payments must be received by the start of the conference or a personal check/cash/credit card will be necessary to attend. Not combinable with Group Discount.

CANCELLATION/REFUND POLICY: Registrants who are not able to attend or send a substitute can obtain a refund of registration fees, minus a \$60 processing fee. A written request must be received by May 26, 2018. REFUNDS WILL NOT BE ISSUED AFTER THIS DATE – NO EXCEPTIONS.

CONFIRMATIONS: your confirmation will be emailed to you. Since some concurrent sessions will be limited in size, early registration is advised.

CONFERENCE HANDOUTS: A link will be emailed to all participants 10 days prior to the start of the conference.

TAPING IS NOT ALLOWED.

CONTACT HOURS: this conference carries a maximum of 11.75 contact hours for this conference.

MORE INFORMATION/SPECIAL NEEDS: Please call 603-641-7086. You may also visit www.anselm.edu/cne.

Saint Anselm College is an approved provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CONFERENCE REGISTRATION FORM

MAIL: Saint Anselm College, Continuing Ed #1745
100 Saint Anselm Drive
Manchester, NH 03102-1310

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CONCURRENT SESSION SELECTIONS (REQUIRED)

Assignments will be made on a **FIRST COME, FIRST SERVE** basis.

Date **Session (please circle)**

Thursday, June 14 A or B

C or D

E or F

Thursday Evening Program (optional) YES NO

Friday, June 15 G or H

REGISTRATION FEES

NOTE: Conference fee includes continental breakfast, lunch, and breaks.

EARLY: **REGULAR:**
by May 1 **after May 1**

1-day Registration Th Fri _____ \$205 _____ \$230

2-day Registration _____ \$385 _____ \$430